

CREATE & CONNECT FOR 50+

*at the Bethlehem Visitor Center
presented by Lehigh Valley Health Network part of Jefferson Health*

**Join our new Creative Aging
drop-in program, facilitated by
Licensed Professional Counselor
and Board-Certified Art
Therapist, Chris Zweifel!**

**Program begins on February 4, 2026
February 4 & 18 | 12:30 PM – 1:30 PM
March 18 | 10:00 AM – 11:00 AM
April 1 & 15 | 10:00 AM – 11:00 AM**

Learn more about yourself and your community by engaging in creative work alongside others in an accepting environment. Increase your sense of belonging, connectedness and overall wellbeing. Gain insight and make friends.

This monthly gathering features simple materials with an emphasis on natural products. Each workshop will include a warm-up, thematic art making, discussion and reflection. It aims to be a source of joy, meaning, and relationship. No artistic skill required!



FREE PROGRAM • NO REGISTRATION REQUIRED

**Contact Joanne Garcia, Manager of Education &
PCA programs at jgarcia@artsquest.org**

